FORM 3

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## OMB APPROVAL OMB Number: 32350104 Estimated average burden hours per response: 0.5

## INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

l	Address of Re	porting Person* Company,	Requiring S (Month/Day	2. Date of Event Requiring Statement (Month/Day/Year) 01/18/2023  3. Issuer Name and Ticker or Trading Symbol Real Good Food Company, Inc. [ RGF ]						
(Last) 527 MAD SUITE 26	(First) ISON AVEN	(Middle)			4. Relationship of Reportin Issuer (Check all applicable)  Director  Officer (give title below)	Person(s) to  10% Owner  Other (specify below)		5. If Amendment, Date of Original Filed (Month/Day/Year)      6. Individual or Joint/Group Filing (Check Applicable Line)     X Form filed by One Reporting		
(Street) NEW YORK	NY	10022						Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)								
Table I - Non-Derivative Securities Beneficially Owned										
1. Title of Security (Instr. 4)				E	2. Amount of Securities Beneficially Owned (Instr. 4) 3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)		Direct ndirect	4. Nature of Indirect Beneficial Ownership (Instr. 5)		
Common Stock					860,267(1)(2)	I <sup>(1</sup>	<b>I</b> (1)(2)		By Limited Partnerships <sup>(1)(2)</sup>	
Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)										
1. Title of Derivative Security (Instr. 4)  2. Date Exercisable a Expiration Date (Month/Day/Year)			ate	Underlying Derivative Security (Instr. 4) Convers		cise	5. Ownership Form:	6. Nature of Indirect Beneficial Ownership (Instr.		
			Date	Expiration		Amount or Number of	Price of Derivative Security		Direct (D) or Indirect (I) (Instr. 5)	5)

## **Explanation of Responses:**

- 1. AWM Investment Company, Inc., a Delaware corporation (AWM), is the investment adviser to Special Situations Fund III QP, L.P. (SSFQP) and Special Situations Cayman Fund, L.P. (Cay). (Cay and together with SSFQP, the Funds). As the investment adviser to the Funds, AWM holds sole voting and investment power over 649,500 shares of Common Stock of the Issuer (the Shares) held by SSFQP and 210,767 Shares held by Cay.
- 2. David M. Greenhouse (Greenhouse) and Adam C. Stettner (Stettner) are the controlling principals of AWM. The reporting person disclaims beneficial ownership of the Shares, except to the extent of its pecuniary interest therein. This report shall not be deemed an admission that the reporting person is the beneficial owner of the securities reported herein for purposes of Section 16 of the Securities Exchange Act of 1934, as amended, or for any other purpose.

Adam Stettner 01/27/2023

\*\* Signature of Reporting

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\ast}$  If the form is filed by more than one reporting person, see Instruction 5 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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