September 22, 2023

Anthony Monti Vice President Real Good Food Company, Inc. 3 Executive Campus, Suite 155 Cherry Hill, NJ 08002

> Re: Real Good Food Registration Filed September 11,

Please contact Eranga

File No. 333-274444

Dear Anthony Monti:

Company, Inc.

2023

Statement on Form S-3

This is to advise you that we have not reviewed and will not review your registration statement.

Please refer to Rules 460 and 461 regarding requests for acceleration. We remind you that the company and its management are responsible for the accuracy and adequacy of their disclosures, notwithstanding any review, comments, action or absence of action by the staff.

Dias at 202-551-8107 with any questions.

Sincerely,

Division of Corporation Finance

Office of Manufacturing