UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

SCHEDULE 13G

Under the Securities Exchange Act of 1934 (Amendment No. 2)*

The Real Good Food Company, Inc.

(Name of Issuer)

Class A Common Stock, \$0.0001 par value per share (Title of Class of Securities)

> 75601G109 (CUSIP Number)

December 31, 2023 (Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

 \Box Rule 13d–1(b)

 \Box Rule 13d–1(c)

 \boxtimes Rule 13d–1(d)

* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

Page 2 of 7

(1)	Names of reporting persons							
	Sling	Consumer LLC – 37-1593033						
(2)	Chec	Check the appropriate box if a member of a group (see instructions) (a) \Box (b) \Box						
(3)	SEC use only							
(4)	Citiz	enshi	p or place of organization					
	Wyoming							
		(5)	Sole voting power					
Numł	ber of		0					
shar		(6)	Shared voting power					
benefi owne			3,999,831(1)					
eao repoi	-	(7)	Sole dispositive power					
pers	son		0					
with:		(8)	Shared dispositive power					
			3,999,831(1)					
(9)	Aggregate amount beneficially owned by each reporting person							
		9,831(
(10)	Check if the aggregate amount in Row (9) excludes certain shares (see instructions)							
(11) Percent of class represented by amount in Row (9)								
		16.8%(1)(2)(3)						
(12)	Type of reporting person (see instructions)							
	00							

Page	3 c	of 7
------	------------	------

(1)	Nam	es of	reporting persons				
	Brya	ın T. F	reeman				
(2)	Check the appropriate box if a member of a group (see instructions)						
	(a) [(b) 🗆				
(3)	SEC use only						
(4)	Citizenship or place of organization						
	United States of America						
		(5)	Sole voting power				
Numb	per of		0				
shar	res	(6)	Shared voting power				
benefic owne			3,999,831(1)				
eac	-	(7)	Sole dispositive power				
reporting person with:			0				
		(8)	Shared dispositive power				
			3,999,831(1)				
(9)	Aggregate amount beneficially owned by each reporting person						
	3,999,831(1)						
(10)	Check if the aggregate amount in Row (9) excludes certain shares (see instructions)						
(11)	Percent of class represented by amount in Row (9)						
	16.8%(1)(2)(3)						
(12)	Туре	e of re	porting person (see instructions)				
	IN						

Item 1(a) Name of issuer: The Real Good Food Company, Inc.

Item 1(b) Address of issuer's principal executive offices: 3 Executive Campus, Suite 155, Cherry Hill, NJ 08002

2(a) Name of person filing:

This Schedule 13G is being jointly filed by each of the following persons pursuant to Rule 13d-1 promulgated by the Securities and Exchange Commission pursuant to Section 13 of the Act:

(i) Slingshot Consumer LLC, a Wyoming limited liability company ("Slingshot Consumer"); and

(ii) Bryan T. Freeman.

Slingshot Consumer and Mr. Freeman are hereinafter collectively referred to as the "Reporting Persons."

2(b) Address or principal business office or, if none, residence:

The business address of each of the Reporting Persons is c/o Varner & Brandt LLP, 3750 University Avenue, 6th Floor, Riverside, CA 92501.

2(c) Citizenship:

See Item 2(a) above and Item 4 of each cover page.

2(d) Title of class of securities:

Class A Common Stock, par value \$0.0001 per share

2(e) CUSIP No.:

75601G109

Item 3. If this statement is filed pursuant to §§240.13d-1(b) or 240.13d-2(b) or 240.13d-2(c), check whether the person filing is a:

(a) \Box Broker or dealer registered under section 15 of the Act (15 U.S.C. 78o);

(b) \Box Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);

(c) \Box Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);

(d) 🗆 Investment company registered under section 8 of the Investment Company Act of 1940 (15 U.S.C 80a-8);

(e) \Box An investment adviser in accordance with §240.13d–1(b)(1)(ii)(E);

(f) \Box An employee benefit plan or endowment fund in accordance with 240.13d-1(b)(1)(ii)(F);

(g) \Box A parent holding company or control person in accordance with 240.13d-1(b)(1)(ii)(G);

(h) \Box A savings associations as defined in Section 3(b) of the Federal Deposit Insurance Act (12 U.S.C. 1813);

(i) \Box A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940 (15 U.S.C. 80a–3);

(j) \Box A non-U.S. institution in accordance with §240.13d–1(b)(1)(ii)(J);

(k) \Box Group, in accordance with §240.13d–1(b)(1)(ii)(K). If filing as a non-U.S. institution in accordance with §240.13d–1(b)(1)(ii)(J), please specify the type of institution:

Item 4. Ownership

Provide the following information regarding the aggregate number and percentage of the class of securities of the issuer identified in Item 1.

(a) Amount beneficially owned: 3,999,831(1)

(b) Percent of class: 16.8%(1)(2)(3)

(c) Number of shares as to which the Reporting Persons have:

(i) Sole power to vote or to direct the vote: 3,999,831(1).

(ii) Shared power to vote or to direct the vote: 0.

(iii) Sole power to dispose or to direct the disposition of: 3,999,831(1).

(iv) Shared power to dispose or to direct the disposition of: 0.

(1) Reflects (i) 3,956,022 Class B Units of Real Good Foods, LLC ("Class B Units") held by Slingshot Consumer, which may be exchanged at its election for shares of the Issuer's Class A common stock, par value \$0.0001 ("Class A Common Stock") on a one-for-one basis, or, at the election of the Issuer, cash equal to a volume weighted average market price of one share of Class A Common Stock for each Class B Unit exchanged, with an equal number of shares of the Issuer's Class B common stock, par value \$0.0001 ("Class B Common Stock") held by Slingshot Consumer automatically forfeited and canceled for each Class B Unit so exchanged and (ii) 43,809 Class A Common Stock held by Mr. Freeman. Mr. Freeman, as sole managing member of Slingshot Consumer, may be deemed an indirect beneficial owner of the Class B Units held directly by Slingshot Consumer.

(2) By reason of the provisions of Rule 13d-3 of the Act, each of the Reporting Persons may be deemed to beneficially own the shares disclosed in this Schedule 13G.

(3) This percentage is calculated based on 19,771,236 shares of the Issuer's Class A common stock outstanding as of December 31, 2023, as reported by the Issuer to the Reporting Persons, plus all shares of Class B common stock beneficially owned by the Reporting Persons.

Item 5. Ownership of 5 Percent or Less of a Class. If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than 5 percent of the class of securities, check the following \Box .

Item 6. Ownership of More than 5 Percent on Behalf of Another Person.

Not applicable.

Item 7. Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on by the Parent Holding Company or Control Person.

Not applicable.

Item 8. Identification and Classification of Members of the Group.

Not applicable.

Item 9. Notice of Dissolution of Group.

Not applicable.

Signatures

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

Date: February 14, 2024

SLINGSHOT CONSUMER LLC

/s/ Bryan T. Freeman

By: Bryan T. Freeman

Title: Sole managing partner of Slingshot Consumer LLC

BRYAN T. FREEMAN

/s/ Bryan T. Freeman

By: Bryan T. Freeman

EXHIBIT INDEX

EXHIBIT NO.

99.1

DESCRIPTION OF EXHIBIT

Joint Filing Agreement among the Reporting Persons dated as of December 9, 2021, as filed as Exhibit 99.1 to the Schedule 13G filed with the SEC on December 9, 2021.